

# Awesome Rainbow!



## **Bible Story:** Noah and the rainbow

**What we want our family to know:** God keeps his promises. We can have HOPE because of Him.

**Found in:** Genesis 6- 9. The key passage for us is in Genesis 9:12-17. The story of Noah can also be found in all the bible storybooks going. The Big Bible Story Book and the Jesus Storyteller bible both have great versions.

**Youtube story link:** <https://www.youtube.com/watch?v=qzYjy6lhRag>

**Things to think about:** To Noah it must have seemed like the end of the world. It was just him, his family and lots and lots of animals on a very stinky boat. Waiting. But God didn't forget him or abandon him. Noah put his trust in God and had hope that God would save him. And he did. When there was eventually dry land God made his promise to Noah and to us, that He would never send a flood like that again and he put a rainbow in the sky to help us remember that promise. He didn't promise that life wouldn't be tough, difficult, tricky or frustrating but we can trust and have hope in God because he loves us.

**Scripture bible verse song:** <https://www.youtube.com/watch?v=VTimp4I3u5s>

Isaiah 41:10 '**So do not fear, for I am with you;** do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.'

**Also:** All Through History is a great song for this week. Spend some time singing family worship songs that remind the children that God is a good God. He keeps His promises, loves us and challenges us to love Him back!

## **Family Chat Questions:**

- What did God promise Noah once the flood water had all gone? (That He would never flood the world again – the rainbow promise).
- What does that promise mean to us today? (That God always wants to be our friend and challenges us to be like Noah – loving God and living for Him. If needed explain that God got rid of the bad things in our world through Jesus, rather than floods again.)
- What does the word hope mean? Is it more than just wishing for something?
- What do you hope for right now? Chat to God about it.

## **Creative prayer activity:**

Use the colours of the rainbow to thank God for the things he gives us and to remind us that God is a good God. For example:

Red: strawberries

Orange: Carrots (ok I'm going down a food path now...)

You could write the different things in different colours or make a rainbow of praise.

## Other activities...



**Wake and Shake song:** Awesome Rainbows (go noodle)

<https://www.youtube.com/watch?v=tbPGvZDNoY0>

### **Sensory play:**

Rainbow rice (you can cook the rice after you've played with it if you're brave!)

Playdough / plasticine in a variety of colours

A basket of different coloured toys/magnetic letters, household objects to sort into different colours

Rainbow salad for lunch - how many colours are on your plate?

### **Sparklers/Superstars craft activity:**

Quality street rainbow collage (using the wrappers for a box of quality street, of course grown ups will need to eat the chocolate first). You could use other scraps of paper/wrapper instead.

Finger painting rainbows to put up in the windows.

**Superstars/Trailblazers craft activity:** sorting old crayons and melting them with a hair dryer

<http://www.52kitchenadventures.com/2011/09/12/melted-crayon-art-tutorial/>

rainbow splatter pictures using a salad spinner <https://diycandy.com/diy-spin-art-with-a-salad-spinner/>

Rainbow necklaces (making paper beads) <https://www.youtube.com/watch?v=jMG40809rws>

### **Games you can play at home:**

Bring me bring me something coloured....

Rainbow smartie challenges [pinterest.ie/sharonmccrabbe/smartie-party/](https://pinterest.ie/sharonmccrabbe/smartie-party/)

**Other books to read:** Elmer and the rainbow <https://www.youtube.com/watch?v=WPd9LopOXnM>

A Child's Garden-a story of hope <https://www.youtube.com/watch?v=B3FOs-UrpXY>

### **Challenge for Sunday:**

Wear the most colours in one outfit that you can possibly can and take a pic (or dress your grown up instead, or a teddy!)

Make a giant rainbow of objects from your house and take a pic